

Merrimack Youth Basketball Rules 2023/24

MYA Basketball follows the National Federation of State High School Basketball Rules with a few additions/exceptions listed below

Playing Time	<p>Games will consist of (4) 8 minute quarters, separated by a 3 minute halftime period. Normal clock stoppage (2nd and 4th quarters). Running clock (1st and 3rd quarters - Exceptions are timeouts and Injuries) Running clock in 4th quarter with 20 or more point lead.</p> <p>3 minute half time 1 minute between quarters</p> <p>Intermediate Girls and Senior Girls - 20 minute halves with a running clock. Stop the clock on the last 2 minutes of each half.</p>
Time Outs	<p>(5) 30 second per game</p>
Overtime	<p>Overtime is 2 minutes in duration. Additional overtime periods are 2 minutes, until someone wins. Normal clock stoppage.</p>
PeeWee Boys and PeeWee Girls	<p>The foul line will be moved up (2) feet toward the basket. Backcourt defense (Pressing) is NOT allowed during the month of November or December. Starting in January, and for the duration of the season, backcourt defense can occur in the last (2) minutes of the 4th quarter, and all overtime periods. The offensive player must be allowed to cross the half court before defensive pressure is applied. Please back up 4 feet from the half court line. Repeated offenses may be penalized with a technical foul at the referee's discretion.</p> <p>(new - no double team defense outside the 3 point perimeter, including backcourt defense)</p> <p>Offensive players have a longer "3 second violation" - please remind and allow for "5 second violation"</p> <p>No "3 point shot" - all field goals are 2 points</p>
Junior Girls	<p>Backcourt defense (Pressing) is NOT allowed during the month of November or December. Starting in January, and for the duration of the season, backcourt defense can occur in the last (4) minutes of the 4th quarter, and all overtime periods. The offensive player must be allowed to cross the half court before defensive pressure is applied. Please backup 4 feet from the half court line. Repeated offenses may be penalized with a technical foul at the referee's discretion.</p>
Junior Boys, Int Boys and Senior Levels	<p>Backcourt defense can occur in the last (4) minutes of the 4th quarter, and all overtime periods starting at the beginning of the season. Back court defense is not allowed in 1st, 2nd or 3rd quarters. Repeated offenses may be penalized with a technical foul at the referee's discretion.</p>
Timekeeper and scorebook	<p>Each team needs to have at least 1 parent volunteer each game to run the scoreboard and scorebook.</p>